



GRILLES DES SERIES *2007–2008*

« NATATION COURSE »



Collectifs Internationaux Féminins

| Femmes | MON | EUR | A' | PROMO | CEJ | FOJE/COMEN |
|---------|-------------------|--------------------|--------------|-------------------------|----------------------|----------------------|
| | COLLECTIF MONDIAL | COLLECTIF EUROPEEN | COLLECTIF A' | COLLECTIF PROMOTION NEL | COLLECTIF CH. EUROPE | COLLECTIF FOJE/COMEN |
| 50 NL | 25''49 | 25''77 | 25''96 | 26''19 | 27''55 | 28''16 |
| 100 NL | 55''44 | 55''98 | 56''18 | 56''68 | 59''27 | 1'01''74 |
| 200 NL | 1'59''90 | 2'00''91 | 2'01''47 | 2'02''43 | 2'09''46 | 2'14''59 |
| 400 NL | 4'11''26 | 4'14''14 | 4'15''46 | 4'17''58 | 4'29''00 | 4'44''31 |
| 800 NL | 8'36''71 | 8'43''44 | 8'43''95 | 8'49''23 | 9'18''46 | 10'02''57 |
| 1500 NL | 16'31''80 | 16'43''17 | 16'49''56 | 17'00''57 | | |
| 50 DOS | 29''12 | 29''47 | 29''91 | 30''27 | 31''57 | |
| 100 DOS | 1'01''99 | 1'02''87 | 1'03''16 | 1'03''94 | 1'06''80 | 1'10''34 |
| 200 DOS | 2'12''43 | 2'14''39 | 2'15''43 | 2'16''78 | 2'23''36 | 2'32''41 |
| 50 BRA | 32''05 | 32''42 | 32''92 | 33''27 | 34''37 | |
| 100 BRA | 1'09''28 | 1'10''25 | 1'10''75 | 1'11''35 | 1'14''78 | 1'17''32 |
| 200 BRA | 2'28''21 | 2'30''98 | 2'32''06 | 2'33''89 | 2'39''98 | 2'47''61 |
| 50 PAP | 27''24 | 27''48 | 27''77 | 28''07 | 29''18 | |
| 100 PAP | 59''67 | 1'00''35 | 1'00''80 | 1'01''47 | 1'04''54 | 1'08''85 |
| 200 PAP | 2'10''91 | 2'12''75 | 2'13''64 | 2'14''87 | 2'22''21 | 2'35''66 |
| 200 4N | 2'15''27 | 2'16''98 | 2'17''83 | 2'19''11 | 2'26''00 | 2'32''83 |
| 400 4N | 4'46''31 | 4'48''59 | 4'50''82 | 4'53''15 | 5'11''93 | 5'27''98 |

Collectifs Internationaux Masculins

| Hommes | MON | EUR | A' | PROMO | CEJ | FOJE/COMEN |
|---------|-------------------|--------------------|--------------|-------------------------|----------------------|----------------------|
| | COLLECTIF MONDIAL | COLLECTIF EUROPEEN | COLLECTIF A' | COLLECTIF PROMOTION NEL | COLLECTIF CH. EUROPE | COLLECTIF FOJE/COMEN |
| 50 NL | 22''47 | 22''69 | 22''90 | 23''13 | 24''06 | 25''18 |
| 100 NL | 49''41 | 49''71 | 50''25 | 50''59 | 52''63 | 54''92 |
| 200 NL | 1'49''24 | 1'49''89 | 1'50''40 | 1'51''15 | 1'55''25 | 1'59''91 |
| 400 NL | 3'51''71 | 3'53''58 | 3'54''78 | 3'56''48 | 4'06''21 | 4'14''23 |
| 800 NL | 8'02''19 | 8'07''80 | 8'10''87 | 8'16''25 | | |
| 1500 NL | 15'14''43 | 15'25''33 | 15'35''20 | 15'44''46 | 16'22''73 | 17'14''11 |
| 50 DOS | 25''81 | 26''13 | 26''36 | 26''72 | 27''81 | |
| 100 DOS | 55''31 | 55''65 | 56''17 | 56''79 | 59''55 | 1'02''16 |
| 200 DOS | 1'59''40 | 2'00''51 | 2'02''05 | 2'03''49 | 2'09''28 | 2'16''30 |
| 50 BRA | 28''18 | 28''40 | 28''87 | 29''11 | 30''27 | |
| 100 BRA | 1'01''79 | 1'02''29 | 1'02''83 | 1'03''18 | 1'06''14 | 1'08''70 |
| 200 BRA | 2'13''83 | 2'15''45 | 2'16''30 | 2'17''80 | 2'22''72 | 2'30''94 |
| 50 PAP | 24''14 | 24''40 | 24''61 | 24''85 | 25''77 | |
| 100 PAP | 53''12 | 53''50 | 54''13 | 54''66 | 56''82 | 59''77 |
| 200 PAP | 1'58''10 | 1'59''89 | 2'00''71 | 2'01''84 | 2'06''86 | 2'14''96 |
| 200 4N | 2'01''76 | 2'02''83 | 2'03''61 | 2'05''17 | 2'09''74 | 2'16''66 |
| 400 4N | 4'19''72 | 4'21''58 | 4'23''91 | 4'26''87 | 4'36''26 | 4'53''40 |

Séries Nationales Féminines

| Femmes | SN | JN | CN2 | CN1 | MN2 | MN1 |
|---------|-----------------|-----------------|------------------|------------------|-------------------|-------------------|
| | SENIOR NATIONAL | JUNIOR NATIONAL | CADET 2 NATIONAL | CADET 1 NATIONAL | MINIME 2 NATIONAL | MINIME 1 NATIONAL |
| 50 NL | 27''86 | 28''47 | 29''18 | 29''34 | 29''76 | 30''45 |
| 100 NL | 1'00''10 | 1'01''74 | 1'02''94 | 1'03''29 | 1'04''19 | 1'05''69 |
| 200 NL | 2'10''07 | 2'12''92 | 2'15''51 | 2'16''27 | 2'18''20 | 2'21''42 |
| 400 NL | 4'31''97 | 4'37''91 | 4'44''92 | 4'46''52 | 4'48''97 | 4'55''69 |
| 800 NL | 9'19''78 | 9'32''01 | 9'46''43 | 9'49''74 | 9'58''16 | 10'08''59 |
| 1500 NL | 17'43''18 | 18'06''42 | 18'33''80 | 18'40''08 | 18'56''08 | 19'15''90 |
| 50 DOS | 32''11 | 32''80 | 33''63 | 33''82 | 34''49 | 35''09 |
| 100 DOS | 1'07''88 | 1'09''37 | 1'10''72 | 1'11''11 | 1'12''54 | 1'13''80 |
| 200 DOS | 2'25''07 | 2'28''24 | 2'31''13 | 2'31''98 | 2'35''02 | 2'38''64 |
| 50 BRA | 35''08 | 35''65 | 36''55 | 36''75 | 37''49 | 38''14 |
| 100 BRA | 1'15''79 | 1'17''44 | 1'18''95 | 1'19''39 | 1'20''98 | 1'22''40 |
| 200 BRA | 2'42''86 | 2'47''31 | 2'50''57 | 2'51''53 | 2'54''96 | 2'58''01 |
| 50 PAP | 29''71 | 30''36 | 31''12 | 31''29 | 31''92 | 32''48 |
| 100 PAP | 1'05''33 | 1'07''11 | 1'08''42 | 1'08''81 | 1'10''18 | 1'11''41 |
| 200 PAP | 2'24''04 | 2'27''19 | 2'30''90 | 2'31''75 | 2'33''92 | 2'37''52 |
| 200 4N | 2'27''47 | 2'30''69 | 2'33''63 | 2'34''49 | 2'37''58 | 2'40''33 |
| 400 4N | 5'09''64 | 5'18''10 | 5'24''30 | 5'26''12 | 5'32''64 | 5'38''44 |

Séries Nationales Masculines

| Hommes | SN | JN | CN2 | CN1 | MN2 | MN1 |
|---------|-----------------|-----------------|------------------|------------------|-------------------|-------------------|
| | SENIOR NATIONAL | JUNIOR NATIONAL | CADET 2 NATIONAL | CADET 1 NATIONAL | MINIME 2 NATIONAL | MINIME 1 NATIONAL |
| 50 NL | 24''12 | 24''64 | 25''54 | 25''83 | 26''51 | 27''82 |
| 100 NL | 53''06 | 54''22 | 56''20 | 56''84 | 58''34 | 1'01''20 |
| 200 NL | 1'56''29 | 1'58''80 | 2'03''82 | 2'05''23 | 2'08''53 | 2'14''83 |
| 400 NL | 4'09''13 | 4'13''17 | 4'23''86 | 4'26''87 | 4'33''89 | 4'47''34 |
| 800 NL | 8'36''99 | 8'48''23 | 9'07''57 | 9'13''81 | 9'28''39 | 9'56''28 |
| 1500 NL | 16'26''07 | 16'47''51 | 17'24''41 | 17'36''31 | 18'04''11 | 18'57''31 |
| 50 DOS | 28''41 | 29''03 | 30''10 | 30''61 | 31''42 | 32''77 |
| 100 DOS | 1'00''02 | 1'01''33 | 1'03''57 | 1'04''66 | 1'06''38 | 1'09''23 |
| 200 DOS | 2'10''21 | 2'13''04 | 2'18''11 | 2'20''48 | 2'24''20 | 2'30''39 |
| 50 BRA | 30''46 | 31''28 | 32''43 | 32''99 | 33''86 | 35''31 |
| 100 BRA | 1'06''38 | 1'07''83 | 1'10''31 | 1'11''52 | 1'13''41 | 1'16''56 |
| 200 BRA | 2'23''13 | 2'26''24 | 2'31''59 | 2'34''20 | 2'38''28 | 2'46''10 |
| 50 PAP | 26''12 | 26''83 | 27''81 | 28''29 | 29''04 | 30''28 |
| 100 PAP | 57''70 | 58''96 | 1'01''12 | 1'02''17 | 1'03''81 | 1'06''55 |
| 200 PAP | 2'08''88 | 2'11''68 | 2'16''51 | 2'18''85 | 2'22''53 | 2'29''57 |
| 200 4N | 2'11''97 | 2'14''84 | 2'19''77 | 2'22''18 | 2'25''94 | 2'32''21 |
| 400 4N | 4'39''03 | 4'45''10 | 4'55''54 | 5'00''62 | 5'08''58 | 5'21''83 |

Séries Interrégionales Féminines

| Femmes | SI | JI | CI2 | CI1 | MI2 | MI1 |
|---------|-----------------------------|-----------------------------|------------------------------|------------------------------|-------------------------------|-------------------------------|
| | SENIOR INTER REGIONAL | JUNIOR INTER REGIONAL | CADET 2 INTER REGIONAL | CADET 1 INTER REGIONAL | MINIME 2 INTER REGIONAL | MINIME 1 INTER REGIONAL |
| 50 NL | 29''02 | 30''29 | 30''48 | 30''66 | 30''86 | 31''58 |
| 100 NL | 1'02''60 | 1'05''32 | 1'05''75 | 1'06''11 | 1'06''56 | 1'08''11 |
| 200 NL | 2'14''77 | 2'20''64 | 2'21''55 | 2'22''34 | 2'23''29 | 2'26''65 |
| 400 NL | 4'41''79 | 4'54''04 | 4'55''96 | 4'57''63 | 5'01''33 | 5'08''41 |
| 800 NL | 9'40''00 | 10'05''21 | 10'09''16 | 10'12''58 | 10'20''21 | 10'34''79 |
| 1500 NL | 18'27''48 | 19'15''77 | 19'16''97 | 19'23''47 | 19'37''95 | 19'58''61 |
| 50 DOS | 33''45 | 34''89 | 35''13 | 35''32 | 35''56 | 36''39 |
| 100 DOS | 1'10''33 | 1'13''39 | 1'13''88 | 1'14''28 | 1'15''21 | 1'16''98 |
| 200 DOS | 2'30''31 | 2'36''84 | 2'37''86 | 2'38''75 | 2'40''73 | 2'44''52 |
| 50 BRA | 36''34 | 37''93 | 38''18 | 38''39 | 38''65 | 39''55 |
| 100 BRA | 1'18''52 | 1'21''94 | 1'22''47 | 1'22''94 | 1'23''97 | 1'25''94 |
| 200 BRA | 2'49''65 | 2'57''02 | 2'58''18 | 2'59''18 | 3'01''41 | 3'05''68 |
| 50 PAP | 30''95 | 32''30 | 32''51 | 32''69 | 32''91 | 33''68 |
| 100 PAP | 1'08''05 | 1'11''01 | 1'11''47 | 1'11''88 | 1'12''77 | 1'14''48 |
| 200 PAP | 2'29''25 | 2'35''73 | 2'36''75 | 2'37''64 | 2'39''59 | 2'43''35 |
| 200 4N | 2'32''79 | 2'39''44 | 2'40''48 | 2'41''38 | 2'43''38 | 2'47''23 |
| 400 4N | 5'22''54 | 5'36''56 | 5'38''76 | 5'40''66 | 5'44''90 | 5'50''95 |

Séries Interrégionales Masculines

| Hommes | SI | JI | CI2 | CI1 | MI2 | MI1 |
|---------|-----------------------------|-----------------------------|------------------------------|------------------------------|-------------------------------|-------------------------------|
| | SENIOR INTER REGIONAL | JUNIOR INTER REGIONAL | CADET 2 INTER REGIONAL | CADET 1 INTER REGIONAL | MINIME 2 INTER REGIONAL | MINIME 1 INTER REGIONAL |
| 50 NL | 24''86 | 25''80 | 26''41 | 26''71 | 27''66 | 28''86 |
| 100 NL | 54''69 | 56''76 | 58''10 | 58''77 | 1'00''86 | 1'03''48 |
| 200 NL | 2'00''51 | 2'05''05 | 2'08''01 | 2'09''47 | 2'13''28 | 2'19''87 |
| 400 NL | 4'18''17 | 4'26''49 | 4'32''79 | 4'35''91 | 4'45''71 | 4'58''05 |
| 800 NL | 8'55''74 | 9'16''03 | 9'29''32 | 9'35''87 | 9'52''90 | 10'22''36 |
| 1500 NL | 17'01''83 | 17'34''80 | 17'59''75 | 18'12''09 | 18'50''86 | 19'39''72 |
| 50 DOS | 29''28 | 30''40 | 31''11 | 31''47 | 32''59 | 34''00 |
| 100 DOS | 1'02''20 | 1'04''20 | 1'05''72 | 1'06''47 | 1'08''84 | 1'11''80 |
| 200 DOS | 2'14''93 | 2'19''28 | 2'22''42 | 2'24''22 | 2'29''33 | 2'35''78 |
| 50 BRA | 31''56 | 32''75 | 33''51 | 33''91 | 35''11 | 36''63 |
| 100 BRA | 1'08''79 | 1'11''01 | 1'12''69 | 1'13''52 | 1'16''13 | 1'19''42 |
| 200 BRA | 2'28''32 | 2'33''12 | 2'36''72 | 2'38''52 | 2'44''14 | 2'51''24 |
| 50 PAP | 27''07 | 28''08 | 28''75 | 29''08 | 30''11 | 31''41 |
| 100 PAP | 59''79 | 1'01''73 | 1'03''19 | 1'03''91 | 1'06''18 | 1'09''03 |
| 200 PAP | 2'13''55 | 2'17''86 | 2'21''12 | 2'22''74 | 2'27''80 | 2'34''20 |
| 200 4N | 2'16''76 | 2'21''17 | 2'24''51 | 2'26''15 | 2'31''34 | 2'37''89 |
| 400 4N | 4'48''15 | 4'58''48 | 5'05''54 | 5'09''03 | 5'20''00 | 5'33''82 |

Séries Régionales Féminines

| Femmes | SR | JR | CR2 | CR1 | MR2 | MR1 |
|---------|-----------------|-----------------|------------------|------------------|-------------------|-------------------|
| | SENIOR REGIONAL | JUNIOR REGIONAL | CADET 2 REGIONAL | CADET 1 REGIONAL | MINIME 2 REGIONAL | MINIME 1 REGIONAL |
| 50 NL | 30''96 | 31''63 | 31''80 | 31''99 | 32''53 | 33''29 |
| 100 NL | 1'06''78 | 1'08''22 | 1'08''61 | 1'08''99 | 1'10''17 | 1'11''82 |
| 200 NL | 2'23''76 | 2'26''89 | 2'27''71 | 2'28''53 | 2'31''08 | 2'34''62 |
| 400 NL | 5'02''19 | 5'07''11 | 5'10''57 | 5'12''32 | 5'15''89 | 5'25''17 |
| 800 NL | 10'21''98 | 10'32''11 | 10'39''22 | 10'42''83 | 10'50''21 | 11'09''29 |
| 1500 NL | 19'41''31 | 20'07''13 | 20'07''27 | 20'14''05 | 20'41''97 | 21'03''75 |
| 50 DOS | 35''68 | 36''44 | 36''65 | 36''86 | 37''49 | 38''37 |
| 100 DOS | 1'15''42 | 1'16''66 | 1'17''09 | 1'17''51 | 1'19''29 | 1'20''68 |
| 200 DOS | 2'40''19 | 2'43''81 | 2'44''73 | 2'45''65 | 2'49''47 | 2'52''43 |
| 50 BRA | 38''77 | 39''61 | 39''84 | 40''05 | 40''75 | 41''70 |
| 100 BRA | 1'24''21 | 1'25''58 | 1'26''05 | 1'26''54 | 1'28''53 | 1'30''09 |
| 200 BRA | 3'01''92 | 3'04''89 | 3'05''92 | 3'06''97 | 3'11''27 | 3'14''62 |
| 50 PAP | 33''01 | 33''73 | 33''92 | 34''11 | 34''70 | 35''51 |
| 100 PAP | 1'12''98 | 1'14''17 | 1'14''58 | 1'15''00 | 1'16''73 | 1'18''07 |
| 200 PAP | 2'40''04 | 2'42''66 | 2'43''57 | 2'44''49 | 2'48''26 | 2'51''22 |
| 200 4N | 2'43''86 | 2'46''52 | 2'47''46 | 2'48''39 | 2'52''26 | 2'55''28 |
| 400 4N | 5'45''88 | 5'51''52 | 5'53''49 | 5'55''47 | 6'03''64 | 6'12''20 |

Séries Régionales Masculines

| Hommes | SR | JR | CR2 | CR1 | MR2 | MR1 |
|---------|-----------------|-----------------|------------------|------------------|-------------------|-------------------|
| | SENIOR REGIONAL | JUNIOR REGIONAL | CADET 2 REGIONAL | CADET 1 REGIONAL | MINIME 2 REGIONAL | MINIME 1 REGIONAL |
| 50 NL | 26''80 | 27''08 | 27''85 | 28''16 | 29''16 | 30''10 |
| 100 NL | 58''96 | 59''58 | 1'01''26 | 1'01''97 | 1'04''16 | 1'06''22 |
| 200 NL | 2'09''89 | 2'11''26 | 2'14''97 | 2'16''51 | 2'21''36 | 2'25''88 |
| 400 NL | 4'36''81 | 4'39''71 | 4'47''62 | 4'50''90 | 5'01''24 | 5'10''87 |
| 800 NL | 9'34''43 | 9'40''47 | 10'00''26 | 10'07''16 | 10'25''12 | 10'56''18 |
| 1500 NL | 18'15''63 | 18'27''15 | 18'58''43 | 19'11''45 | 19'52''32 | 20'30''46 |
| 50 DOS | 31''40 | 31''74 | 32''80 | 33''18 | 34''15 | 35''46 |
| 100 DOS | 1'06''69 | 1'07''40 | 1'09''29 | 1'10''09 | 1'12''58 | 1'14''89 |
| 200 DOS | 2'24''68 | 2'26''20 | 2'30''16 | 2'32''05 | 2'37''45 | 2'42''48 |
| 50 BRA | 33''84 | 34''19 | 35''35 | 35''75 | 36''80 | 38''20 |
| 100 BRA | 1'13''76 | 1'14''54 | 1'17''08 | 1'17''96 | 1'20''27 | 1'22''84 |
| 200 BRA | 2'39''03 | 2'40''70 | 2'46''18 | 2'48''09 | 2'53''07 | 2'58''60 |
| 50 PAP | 29''02 | 29''32 | 30''32 | 30''66 | 31''57 | 32''76 |
| 100 PAP | 1'04''11 | 1'04''79 | 1'07''00 | 1'07''76 | 1'09''77 | 1'12''00 |
| 200 PAP | 2'23''20 | 2'24''70 | 2'28''79 | 2'30''50 | 2'35''84 | 2'40''83 |
| 200 4N | 2'26''63 | 2'28''18 | 2'32''36 | 2'35''10 | 2'39''57 | 2'44''68 |
| 400 4N | 5'10''03 | 5'13''30 | 5'23''98 | 5'27''70 | 5'37''39 | 5'48''18 |

GRILLE D'ACCES REGIONALE - TOUS BASSINS

| | 50 NL | 100 NL | 200 NL | 400 NL | 800 NL | 1500 NL | 50 DOS | 100 DOS | 200 DOS | 50 BRA | 100 BRA | 200 BRA | 50 PAP | 100 PAP | 200 PAP | 200 4N | 400 4N |
|-----------|--------|----------|----------|----------|-----------|-----------|--------|----------|----------|--------|----------|----------|--------|----------|----------|----------|----------|
| DAMES | 33''29 | 1'11''82 | 2'34''62 | 5'25''17 | 11'09''29 | 21'03''75 | 38''37 | 1'20''68 | 2'52''43 | 41''70 | 1'30''09 | 3'14''62 | 35''51 | 1'18''07 | 2'51''22 | 2'55''28 | 6'12''20 |
| MESSIEURS | 30''10 | 1'06''22 | 2'25''88 | 5'10''87 | 10'56''18 | 20'30''46 | 35''46 | 1'14''89 | 2'42''48 | 38''20 | 1'22''84 | 2'58''60 | 32''76 | 1'12''00 | 2'40''83 | 2'44''68 | 5'48''18 |

ATTENTION

Pour les Benjamins Filles et Garçons, le temps de qualification au 400 m 4 Nages est de : **6'30'00** pour les **FILLES** et **6'15'00** pour les **GARCONS** pour le Meeting Fédéral de Demi Fond et 4 Nages

Séries Départementales Féminines (50 m)

| Femmes | SD | JD | CD2 | CD1 | MD2 | MD1 |
|---------|-----------------------------|-----------------------------|------------------------------|------------------------------|-------------------------------|-------------------------------|
| | SENIOR DEPARTE MENTAL | JUNIOR DEPARTE MENTAL | CADET 2 DEPARTE MENTAL | CADET 1 DEPARTE MENTAL | MINIME 2 DEPARTE MENTAL | MINIME 1 DEPARTE MENTAL |
| 50 NL | 32''78 | 33''49 | 34''42 | 34''62 | 35''21 | 36''04 |
| 100 NL | 1'10''71 | 1'12''24 | 1'14''26 | 1'14''67 | 1'15''95 | 1'17''73 |
| 200 NL | 2'32''21 | 2'35''53 | 2'39''87 | 2'40''76 | 2'43''52 | 2'47''35 |
| 400 NL | 5'19''96 | 5'26''95 | 5'34''26 | 5'36''14 | 5'43''87 | 5'51''95 |
| 800 NL | 10'58''56 | 11'12''95 | 11'27''99 | 11'31''86 | 11'47''76 | 12'04''41 |
| 1500 NL | 20'50''80 | 21'18''14 | 21'46''69 | 21'54''04 | 22'24''25 | 22'47''82 |
| 50 DOS | 37''78 | 38''59 | 39''67 | 39''89 | 40''58 | 41''53 |
| 100 DOS | 1'19''86 | 1'21''16 | 1'23''44 | 1'23''89 | 1'25''34 | 1'27''33 |
| 200 DOS | 2'50''67 | 2'53''45 | 2'58''29 | 2'59''29 | 3'02''38 | 3'06''64 |
| 50 BRA | 41''05 | 41''94 | 43''12 | 43''35 | 44''11 | 45''13 |
| 100 BRA | 1'29''16 | 1'30''61 | 1'33''14 | 1'33''67 | 1'35''27 | 1'37''51 |
| 200 BRA | 3'12''62 | 3'15''76 | 3'21''24 | 3'22''36 | 3'25''84 | 3'30''65 |
| 50 PAP | 34''95 | 35''72 | 36''72 | 36''92 | 37''55 | 38''44 |
| 100 PAP | 1'17''27 | 1'18''53 | 1'20''72 | 1'21''18 | 1'22''56 | 1'24''49 |
| 200 PAP | 2'49''46 | 2'52''22 | 2'57''04 | 2'58''04 | 3'01''08 | 3'05''32 |
| 200 4N | 2'53''49 | 2'56''32 | 3'01''25 | 3'02''26 | 3'05''39 | 3'09''72 |
| 400 4N | 6'06''22 | 6'12''20 | 6'22''60 | 6'24''74 | 6'33''59 | 6'42''85 |

Séries Départementales Masculines (50 m)

| Hommes | SD | JD | CD2 | CD1 | MD2 | MD1 |
|---------|-----------------------------|-----------------------------|------------------------------|------------------------------|-------------------------------|-------------------------------|
| | SENIOR DEPARTE MENTAL | JUNIOR DEPARTE MENTAL | CADET 2 DEPARTE MENTAL | CADET 1 DEPARTE MENTAL | MINIME 2 DEPARTE MENTAL | MINIME 1 DEPARTE MENTAL |
| 50 NL | 28''38 | 28''99 | 30''14 | 30''48 | 31''56 | 32''55 |
| 100 NL | 1'02''42 | 1'03''79 | 1'06''31 | 1'07''07 | 1'09''45 | 1'11''60 |
| 200 NL | 2'17''53 | 2'20''53 | 2'26''08 | 2'27''75 | 2'33''00 | 2'37''76 |
| 400 NL | 4'53''09 | 4'59''46 | 5'11''31 | 5'14''86 | 5'26''05 | 5'36''17 |
| 800 NL | 10'08''22 | 10'21''45 | 10'49''69 | 10'57''16 | 11'16''60 | 11'50''22 |
| 1500 NL | 19'20''08 | 19'45''31 | 20'32''19 | 20'46''27 | 21'30''51 | 22'10''62 |
| 50 DOS | 33''25 | 33''98 | 35''51 | 35''92 | 36''96 | 38''35 |
| 100 DOS | 1'10''61 | 1'12''15 | 1'15''00 | 1'15''86 | 1'18''55 | 1'20''99 |
| 200 DOS | 2'33''19 | 2'36''52 | 2'42''53 | 2'44''58 | 2'50''41 | 2'55''71 |
| 50 BRA | 35''84 | 36''60 | 38''26 | 38''69 | 39''84 | 41''31 |
| 100 BRA | 1'18''09 | 1'19''80 | 1'23''42 | 1'24''38 | 1'26''88 | 1'29''58 |
| 200 BRA | 2'48''39 | 2'52''05 | 2'59''87 | 3'01''93 | 3'07''32 | 3'13''14 |
| 50 PAP | 30''73 | 31''39 | 32''81 | 33''19 | 34''16 | 35''43 |
| 100 PAP | 1'07''88 | 1'09''36 | 1'12''11 | 1'12''93 | 1'15''52 | 1'17''86 |
| 200 PAP | 2'31''62 | 2'34''92 | 2'41''05 | 2'42''89 | 2'48''67 | 2'53''92 |
| 200 4N | 2'35''26 | 2'38''64 | 2'44''91 | 2'46''79 | 2'52''71 | 2'58''08 |
| 400 4N | 5'28''27 | 5'35''41 | 5'48''67 | 5'52''66 | 6'05''18 | 6'16''52 |

Séries Départementales Féminines (25 m)

| Femmes | SD (25m) | JD (25m) | CD2 (25m) | CD1 (25m) | MD2 (25m) | MD1 (25m) |
|---------|-----------------------------|-----------------------------|------------------------------|------------------------------|-------------------------------|-------------------------------|
| | SENIOR DEPARTE MENTAL | JUNIOR DEPARTE MENTAL | CADET 2 DEPARTE MENTAL | CADET 1 DEPARTE MENTAL | MINIME 2 DEPARTE MENTAL | MINIME 1 DEPARTE MENTAL |
| 50 NL | 32''08 | 32''79 | 33''72 | 33''92 | 34''51 | 35''34 |
| 100 NL | 1'09''11 | 1'10''64 | 1'12''66 | 1'13''07 | 1'14''35 | 1'16''13 |
| 200 NL | 2'28''81 | 2'32''13 | 2'36''47 | 2'37''36 | 2'40''12 | 2'43''95 |
| 400 NL | 5'12''46 | 5'19''45 | 5'26''76 | 5'28''64 | 5'36''37 | 5'44''45 |
| 800 NL | 10'42''56 | 10'56''95 | 11'11''99 | 11'15''86 | 11'31''76 | 11'48''41 |
| 1500 NL | 20'20''80 | 20'48''14 | 21'16''69 | 21'24''04 | 21'54''25 | 22'17''82 |
| 50 DOS | 37''18 | 37''99 | 39''07 | 39''29 | 39''98 | 40''93 |
| 100 DOS | 1'18''36 | 1'19''66 | 1'21''94 | 1'22''39 | 1'23''84 | 1'25''83 |
| 200 DOS | 2'47''47 | 2'50''25 | 2'55''09 | 2'56''09 | 2'59''18 | 3'03''44 |
| 50 BRA | 40''25 | 41''14 | 42''32 | 42''55 | 43''31 | 44''33 |
| 100 BRA | 1'27''16 | 1'28''61 | 1'31''14 | 1'31''67 | 1'33''27 | 1'35''51 |
| 200 BRA | 3'07''62 | 3'10''76 | 3'16''24 | 3'17''36 | 3'20''84 | 3'25''65 |
| 50 PAP | 34''35 | 35''12 | 36''12 | 36''32 | 36''95 | 37''84 |
| 100 PAP | 1'15''97 | 1'17''23 | 1'19''42 | 1'19''88 | 1'21''26 | 1'23''19 |
| 200 PAP | 2'46''56 | 2'49''32 | 2'54''14 | 2'55''14 | 2'58''18 | 3'02''42 |
| 200 4N | 2'49''99 | 2'52''82 | 2'57''75 | 2'58''76 | 3'01''89 | 3'06''22 |
| 400 4N | 5'58''22 | 6'04''20 | 6'14''60 | 6'16''74 | 6'25''59 | 6'34''85 |

Séries Départementales Masculines (25 m)

| Hommes | SD (25m) | JD (25m) | CD2 (25m) | CD1 (25m) | MD2 (25m) | MD1 (25m) |
|---------|-----------------------------|-----------------------------|------------------------------|------------------------------|-------------------------------|-------------------------------|
| | SENIOR DEPARTE MENTAL | JUNIOR DEPARTE MENTAL | CADET 2 DEPARTE MENTAL | CADET 1 DEPARTE MENTAL | MINIME 2 DEPARTE MENTAL | MINIME 1 DEPARTE MENTAL |
| 50 NL | 27''68 | 28''29 | 29''44 | 29''78 | 30''86 | 31''85 |
| 100 NL | 1'00''82 | 1'02''19 | 1'04''71 | 1'05''47 | 1'07''85 | 1'10''00 |
| 200 NL | 2'14''13 | 2'17''13 | 2'22''68 | 2'24''35 | 2'29''60 | 2'34''36 |
| 400 NL | 4'45''59 | 4'51''96 | 5'03''81 | 5'07''36 | 5'18''55 | 5'28''67 |
| 800 NL | 9'52''22 | 10'05''45 | 10'33''69 | 10'41''16 | 1'00''60 | 11'34''22 |
| 1500 NL | 18'50''08 | 19'15''31 | 20'02''19 | 20'16''27 | 21'00''51 | 21'40''62 |
| 50 DOS | 32''65 | 33''38 | 34''91 | 35''32 | 36''36 | 37''75 |
| 100 DOS | 1'09''11 | 1'10''65 | 1'13''50 | 1'14''36 | 1'17''05 | 1'19''49 |
| 200 DOS | 2'29''99 | 2'33''32 | 2'39''33 | 2'41''38 | 2'47''21 | 2'52''51 |
| 50 BRA | 35''04 | 35''80 | 37''46 | 37''89 | 39''04 | 40''51 |
| 100 BRA | 1'16''09 | 1'17''80 | 1'21''42 | 1'22''38 | 1'24''88 | 1'27''58 |
| 200 BRA | 2'43''39 | 2'47''05 | 2'54''87 | 2'56''93 | 3'02''32 | 3'08''14 |
| 50 PAP | 30''13 | 30''79 | 32''21 | 32''59 | 33''56 | 34''83 |
| 100 PAP | 1'06''58 | 1'08''06 | 1'10''81 | 1'11''63 | 1'14''22 | 1'16''56 |
| 200 PAP | 2'28''72 | 2'32''02 | 2'38''15 | 2'39''99 | 2'45''77 | 2'51''02 |
| 200 4N | 2'31''76 | 2'35''14 | 2'41''41 | 2'43''29 | 2'49''21 | 2'54''58 |
| 400 4N | 5'20''27 | 5'27''41 | 5'40''67 | 5'44''66 | 5'57''18 | 6'08''52 |

Grilles de Séries des Relais

2005-2008

Performances qualificatives pour les Championnats de France « Open » Individuels et de relais (Nationale 1) :

• Série « Senior National » (SN)

| Série Messieurs | 4 x 100 NL | 4 x 200 NL | 4 x 100 4 N |
|------------------|------------|------------|-------------|
| Nationale 1 (SN) | 3'40''98 | 8'08''97 | 4'05''69 |

| Série Dames | 4 x 100 NL | 4 x 200 NL | 4 x 100 4 N |
|------------------|------------|------------|-------------|
| Nationale 1 (SN) | 4'09''65 | 9'02''78 | 4'38''68 |